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coordinated multilevel efforts. These

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efforts may take years to come to fruition, but it isn't too late to take action. Reversing the Obesogenic Environment is the ideal guide to taking the first steps toward change. Reversing the Obesogenic Environment is part of the Physical Activity Intervention Series (PAIS).

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individual behaviors. We can convince people of the benefits of healthful eating and regular physical activity, but what happens when they go home to a neighborhood where fresh vegetables are not available and opportunities for ...

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