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Guide To Good Food Chapter All Answers - Kora

Carbohydrate. the body's chief source of energy. Glucose. the form of sugar carried in the bloodstream for energy use throughout the body. Fiber. a form of complex carbohydrates from plants that humans cannot digest. Fat.

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used for panbroiling foods or for cooking foods in small amount of fat. griddle. a skillet without sides and is used for grilling sandwiched and making pancakes. cookie sheet. ...

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Guide To Good Food Chapter All Answers

9/7/2018 Guide to Good Food 2018 | Chapter 1 Review Questions 1/3 1: Review Save Write your answers using complete sentences when appropriate. 3. What led early people to begin

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farming? they planted seeds to produce large amounts of food 4. What are the six steps of the decision-making process? decision, identify, consider, think, relate, evaluate 5. What is the difference between hunger and appetite?

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