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## Recipes Index - Diabetes.co.uk

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22 Diabetes-friendly recipes | delicious. magazine

Diabetes recipes. If you've been diagnosed as type 2 diabetic, prediabetic or are just worried about developing the condition, these healthy twists on popular dishes will help you get on track.

Diabetes recipes - BBC Food

Recipes chosen by Diabetes UK that encompass all the principles of eating well for diabetes. You're currently on page 1 Page 2 Next; Low-fat roasties. 12 ratings 4.1 out of 5 star rating. Enjoy these guilt-free roast potatoes - they contain around 6g fat compared to the usual 14g! ...

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research suggests that by 2030, around 5.5 million people will be suffering from the...

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### How can I reduce my risk of diabetes? - BBC Food

Diabetes Ireland is the only national charity in Ireland dedicated to helping people with diabetes. We achieve this by providing support, education and motivation to everyone affected by diabetes. We also raises public awareness of diabetes and its symptoms and fund research into finding a cure for diabetes.

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