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Being Happy!: A Handbook to Greater Confidence and

...

Andrew Matthews empowers audiences in 25 countries to enjoy their life and work. He has presented to over 1,000 conferences and conventions. Andrew is a regular conference speaker in Adelaide, Brisbane, Cairns, Canberra, the Gold Coast, Melbourne, Sydney, Bali, Dubai, Vietnam, Hong Kong, Kuala Lumpur, London, Manila, Singapore and across the USA.

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Million seller Being Happy! by Andrew Matthews
Andrew manages to share ideas and thoughts in a way that often feels like a warm conversation with a wise old friend. Sharing ideas and principles you may or may not spread say more of, but in a way you cannot dispute and want to take away and use.

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9780843128680 - Being Happy! by Andrew Matthews
Almost 25 years old now and the second book written by Andrew Matthews, Being Happy, is still a treasure trove of information and insights into the concept of happiness. Using his amazing artistic ability to include cartoons to emphasize poignant truths, Andrew makes reading this book humorous as well as informative.

Being Happy! by Andrew Matthews - Goodreads
Andrew Matthews empowers audiences in 25 countries to enjoy their life and work. He has presented to over

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Bestselling Author and International Speaker – Andrew Matthews

Author Andrew Matthews shares, “ My wife Julie first suggested that we create a book for teenagers. Lots of teenagers were reading Being Happy! and Follow Your Heart. She said, ‘ Let ’ s create a book that deals with teenage problems. ’ “ Julie was the driving force behind Being a Happy Teen. We are thrilled that it has become

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so popular, not only in English speaking countries, but in places like Mexico, Hungary and Korea.

Being a Happy Teen by Andrew Matthews - the international ...

Andrew Matthews ' Happiness Podcasts are based on his international bestselling books. BEING HAPPY!, FOLLOW YOUR HEART, BEING a HAPPY TEEN , HAPPINESS NOW, HAPPINESS in HARD TIMES, HAPPINESS in a NUTSHELL and HOW LIFE WORKS have sold over 5 million copies in 43 languages. Enjoy the Happiness Podcasts! Happiness Speaker.

HAPPINESS Podcasts by Author of the ... - Andrew

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Matthews

Andrew Matthews has an innate wisdom when it comes to understanding human nature. At least it rings true to my ears, but that could just be my opinion. He claims that some people act nasty because of low self esteem, it could just be that some people are plain nasty but the way he writes shows that he is a very good person psychologically because he believes there is a reason for everything.

Being Happy!: Matthews, Andrew: 0078814028688:
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1,000 conferences and conventions. Andrew is a regular conference speaker in Adelaide, Brisbane, Cairns, Canberra, the Gold Coast, Melbourne, Sydney, Bali, Dubai, Vietnam, Hong Kong, Kuala Lumpur, London, Manila, Singapore and across the USA.

Books - Andrew Matthews

Synopsis From the bestselling author Andrew Matthews, comes a book that every teenager and parent should read. It offers advice about making friends, why life hurts, developing self confidence, bullies, saying no to drugs and basically feeling good about being a teenager. Customers who bought this item also bought

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9789810006648 - Being Happy! by Andrew Matthews
Andrew Matthews (born November 4, 1957) is an Australian speaker and author known for his numerous self help books. Matthews was born in Victor Harbor, South Australia. He became a full-time writer in 1988,

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and since then he has written and illustrated 11 books. His book *Being Happy!* was written and published in 1988. It has sold 7 million copies and been published in 42 languages.

Andrew Matthews (author) - Wikipedia

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Being Happy! : A Handbook to Greater Confidence and Security. 4.21 (2,830 ratings by Goodreads)

Paperback. By (author) Andrew Matthews. Share. This is a highly motivational self-help book with a difference: it has been written with great sensitivity in order that everybody, both young and old, can easily understand themselves and become in every way happier.

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Andrew Matthews is the author of Being Happy! (4.21 avg rating, 3177 ratings, 341 reviews, published 1988), Follow Your Heart (4.23 avg rating, 2073 rati...

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